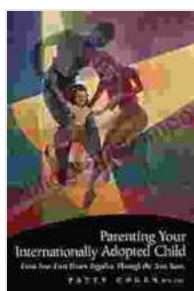


From Your First Hours Together Through The Teen Years: The Essential Guide to Raising Happy, Healthy Children

Congratulations on becoming a parent! This is an exciting and challenging time in your life, and we're here to help you every step of the way. *From Your First Hours Together Through The Teen Years* is the essential guide to raising happy, healthy children. This comprehensive book covers everything you need to know, from pregnancy and childbirth to the teenage years. With expert advice and real-life stories, this book will help you navigate the challenges of parenthood and raise confident, successful children.



Parenting Your Internationally Adopted Child: From Your First Hours Together Through the Teen Years

by Patty Cogen

★★★★☆ 4.5 out of 5

Language : English
File size : 1884 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 451 pages



Part 1: Pregnancy and Childbirth

In this section, we'll cover everything you need to know about pregnancy and childbirth, including:

- Prenatal care
- Labor and delivery
- Postpartum care
- Breastfeeding
- Formula feeding

Part 2: The First Year

The first year of your baby's life is a time of rapid growth and development. In this section, we'll cover everything you need to know about caring for your newborn, including:

- Feeding
- Diapering
- Bathing
- Sleeping
- Health and safety

Part 3: The Toddler Years

Toddlers are full of energy and curiosity. In this section, we'll cover everything you need to know about caring for your toddler, including:

- Feeding

- Potty training
- Discipline
- Social and emotional development
- Health and safety

Part 4: The Preschool Years

Preschoolers are eager to learn and explore. In this section, we'll cover everything you need to know about caring for your preschooler, including:

- Feeding
- Potty training
- Discipline
- Social and emotional development
- Health and safety

Part 5: The School Years

School-aged children are facing new challenges and opportunities. In this section, we'll cover everything you need to know about caring for your school-aged child, including:

- Homework
- Extracurricular activities
- Friendships
- Bullying

- Health and safety

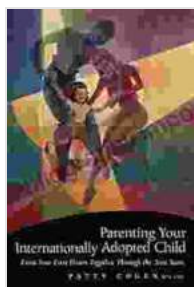
Part 6: The Teenage Years

Teenagers are going through a lot of changes. In this section, we'll cover everything you need to know about caring for your teenager, including:

- Puberty
- Peer pressure
- Substance abuse
- Mental health
- Health and safety

Raising children is a rewarding but challenging experience. *From Your First Hours Together Through The Teen Years* is the essential guide to helping you raise happy, healthy children. With expert advice and real-life stories, this book will help you navigate the challenges of parenthood and raise confident, successful children.

Free Download your copy of *From Your First Hours Together Through The Teen Years* today!



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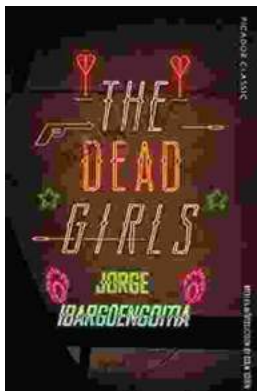
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