Child Friendly Path Through Divorce: A Comprehensive Guide for Parents and Children

Divorce can be a difficult and confusing time for children. They may feel scared, angry, or sad. They may worry about what will happen to them and their family. They may have questions about why their parents are getting divorced and what it means for them.



Mindful Co-parenting: A Child-Friendly Path through

Divorce by Psy.D., Jeremy S. Gaies,

★★★★★ 4.3 out of 5
Language : English
File size : 3005 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting: Enabled
Word Wise : Enabled
Print length : 143 pages



: Enabled

This book provides a comprehensive guide for parents and children on how to navigate the divorce process in a way that is as child-friendly as possible. It covers everything from how to talk to your children about divorce to how to create a parenting plan that meets their needs.

What's Inside

This book is divided into four parts:

Lending

- 1. Part 1: Talking to Your Children About Divorce
- 2. Part 2: Creating a Child-Friendly Parenting Plan
- 3. Part 3: Co-Parenting After Divorce
- 4. Part 4: Helping Your Children Adjust to Divorce

Each part contains practical advice and tips that can help you and your children through the divorce process.

Who This Book Is For

This book is for any parent who is going through a divorce or who is considering divorce. It is also for children who are experiencing their parents' divorce.

If you are looking for a comprehensive guide to help you and your children through the divorce process, then this book is for you.

About the Author

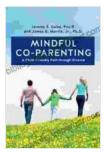
The author of this book is a family law attorney who has helped hundreds of parents and children through the divorce process. She has a deep understanding of the legal and emotional challenges that families face during divorce.

The author's goal is to help parents and children navigate the divorce process in a way that is as child-friendly as possible. She believes that all children deserve to have a happy and healthy childhood, even if their parents are divorced.

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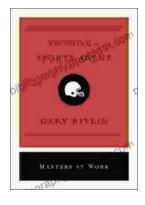
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