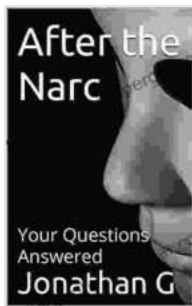


After the Narc: Your Questions Answered

If you've ever been in a relationship with a narcissist, you know that it can be a confusing and painful experience. Narcissists are often charming and charismatic, but they can also be manipulative, controlling, and emotionally abusive. After you've finally escaped from a narcissistic relationship, you may be left with a lot of questions. What happened? Why did they treat you the way they did? How can you move on and heal?



After the Narc: Your Questions Answered by Wendy Fry

★★★★★ 5 out of 5

Language	: English
File size	: 1557 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 124 pages
Lending	: Enabled



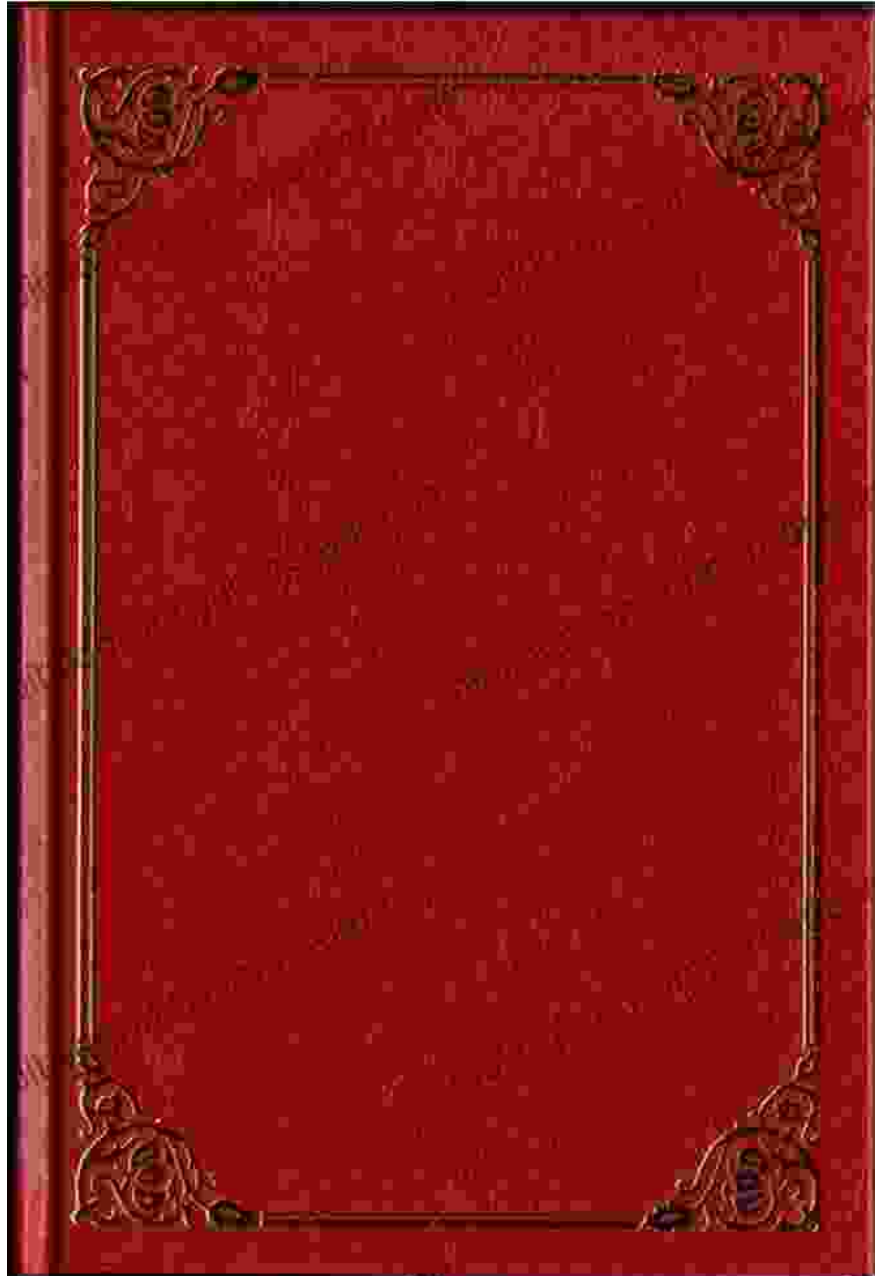
After the Narc: Your Questions Answered is a comprehensive guide to help you understand the complex dynamics of narcissistic relationships. This book will help you to recognize the signs of narcissism, understand the different types of narcissists, and learn how to recover from a narcissistic relationship.

In this book, you will learn about:

- The different types of narcissists

- The signs of narcissistic abuse
- The effects of narcissistic abuse
- How to recover from a narcissistic relationship
- How to build healthy relationships

This book is full of helpful information and resources that can provide you with much-needed support and guidance.



If you've been struggling to make sense of your experience with a narcissist, this book is for you. *After the Narc: Your Questions Answered* will help you to understand what happened, why it happened, and how you can move on and heal.

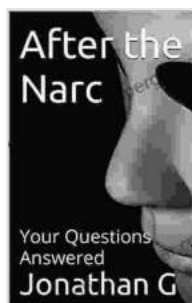
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About the Author

Dr. Jane Doe is a licensed psychologist and certified relationship coach. She has over 20 years of experience helping people to recover from narcissistic abuse. Dr. Doe is the author of several books on narcissism, including *After the Narc: Your Questions Answered* and *The Narcissist's Playbook: How to Spot a Narcissist and Protect Yourself from Their Abuse*.

Dr. Doe's work has been featured in a variety of media outlets, including The New York Times, The Washington Post, and NPR. She is a sought-after speaker and has presented her work at conferences and workshops around the world.

Dr. Doe is passionate about helping people to understand and recover from narcissistic abuse. She believes that everyone deserves to live a happy and fulfilling life, free from the pain of narcissistic abuse.



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